

MECHANIMALS



Passenger Decision Making and Avoiding Hazards.



Target audience: Senior Phase (S4-S6)

Lesson aim: To encourage young people to speak up
when in a potentially dangerous situation

Learning objectives:

- Students will be able to identify what might be a dangerous situation
- Students will be able to describe the Fatal 5
- Students will develop a range of tools to challenge driver behaviour

Timing	45-50 minute lesson	Key words	Speak
Resources	PowerPoint presentation, work sheet, optional – lpad	Preparation	Familiarise yourself with the recommended reading

Lesson outline	Description	Resources	Class set up	Timing
Intro/recap	Intro/recap the Mechanimals resource	Tablet	Whole class	5 mins
Key Vocabulary	Defining what speak means?	N/A	Whole class	2/3 mins (Not included in time)
Starter	What are the Fatal 5 causes of road accidents?	Jotter/Tablet	In small groups	5 mins
Activity 1	What keeps you from speaking up in the car?	Jotter/Tablet	Individual	10 mins
Activity 2	SPEAK UP scenarios	Jotter/Tablet	In small groups	20 mins
Plenary	Recap		Diff options	10 mins

Before you begin

It is important to establish a safe learning environment where students feel comfortable to share and discuss. Be mindful that some young people may have had negative experiences around the topic either themselves or someone close to them. This can be addressed by regular check ins/ options to sit out parts.

Introduction/recap – The Mechanimals

This is lesson four, however useful to recap on the importance of road safety learning. Collisions on our roads remain one of the main causes of accidental deaths among children and young people in Scotland. This resource has been developed to help equip students with the knowledge, skills, and confidence they need to make positive choices on and around our roads.



Play the Mechanimals intro film

Key Vocabulary

Before starting with the lesson you can ask the class if anyone knows what the terms mean. Once discussed share the definition with the class. This will ensure the class have a shared understanding as both words feature heavily in the lesson.

Key Definitions

Speak – Using your voice when you feel uncomfortable in the car

Starter: What are the Fatal 5 causes of road accidents?

5 mins

Either by giving pairs/small groups a post it note, or using mentimeter wordcloud ask students to write down what they think are the 5 biggest causes of fatal collisions in Scotland?

- Careless driving
- Drink / drug driving
- Not wearing a seatbelt
- Distractions
- Speeding

Activity 1 – What keeps you from speaking up in the car?

10 mins



Show a 'Total Nightmare' film

Ask the class, what keeps you from speaking up in the car?

Discuss, why you should speak up if you're feeling uncomfortable?

Activity 2 – SPEAK UP scenarios

20mins

What are the most common behaviours from drivers that passengers find concerning?

Speeding, loud music, over taking, showing off, playing with phone/texting, generally distracted, under the influence.

Introduce the SPEAK UP acrostic – go through each one and explain what is meant.

Say when the driver is making you feel scared or uncomfortable

Police – mention that you've seen lots driving around to encourage the driver to change their behaviour

Experience – tell a personal story about someone you know or have read about.
Can be a real or made up story

Avoid getting into a car with someone under the influence of alcohol or drugs

Kindness – offer to help the driver change the songs or map the journey so the driver can focus on the road

UP

4 scenario's that involve unsafe driving

Consider in small groups what is happening in each one? Why it would make you feel unsafe, and how best could you challenge the driver (thinking about **SPEAK UP**)

1. Driver is texting while driving
2. Driver has smoked an illegal substance
3. Driver is speeding
4. Driver is fooling about

Give groups 3 minutes to consider each scenario and feed back to class. It can either be done as whole class looks at 1 scenario at a time, or they each have a different one and rotate like a carousel.

Conclusion/plenary

10 mins

To recap, the lesson Aim and Learning Objectives are:

Lesson aim: To encourage young people to speak up when in a potentially dangerous situation

Learning objectives:

- Students will be able to identify what might be a dangerous situation
- Students will be able to describe the Fatal 5
- Students will develop a range of tools to challenge driver behaviour

Question prompts: Can be done either as an exit pass/whole class questioning/think pair share/menti menter/individual task

- What surprised you the most about the Fatal 5 causes of road accidents?
- How can you be a more responsible passenger?
- What strategies can you use to speak up if you feel unsafe?